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Nikkormat

INSTRUCTION MANUAL

NOMENCLATURE

Shutter-release button

Synch selector ring

Depth-of-field preview button

Self-timer/memory lock

Accessory shoe

Finder eyepiece

Synch terminal

Battery checker

Film-speed dial lock

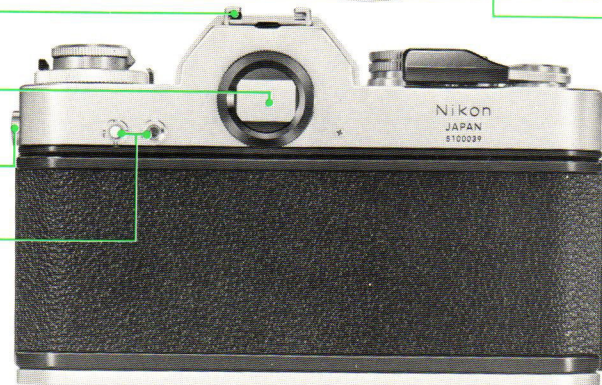
Lock for camera-back opening

Neckstrap eyelet

Lens-release button

Mirror lock-up lever

Meter coupling pin



Focusing ring

Distance index

Aperture scale

Distance scale

Meter coupling prong

Maximum aperture scale

ASA film-speed dial

Shutter-speed dial

Rewind crank

Frame counter

Camera-back opening knob/
Film rewind knob

Film-advance lever

Hot-shoe contact

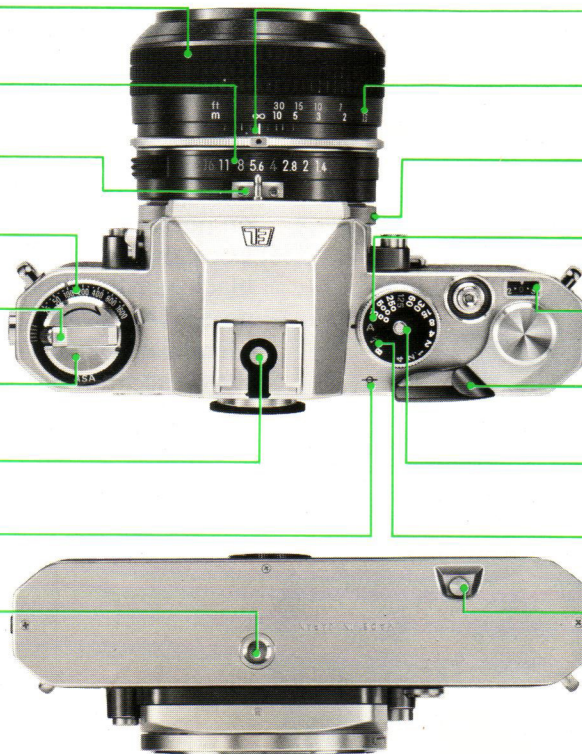
Shutter-speed dial lock

Film-plane indicator

Synch mark

Tripod socket

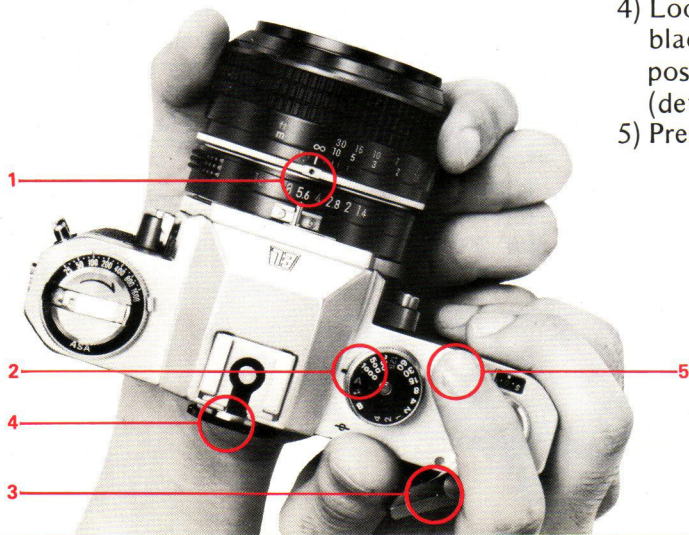
Rewind button



PICTURE-TAKING STEPS

After installing the battery, loading the film and setting the film speed, shooting with Nikkormat EL is a simple operation:

- 1) Set the lens aperture by turning the aperture ring until the appropriate f/number appears opposite the black dot (details on page 15).
- 2) Set the shutter-speed dial at "A" (details on page 14).
- 3) Swing out the film-advance lever all the way; then let it spring back to the meter-switched-on position (details on pages 12 and 13).
- 4) Look through the viewfinder and see that the black needle remains within the scale. Compose, focus and hold the camera steady (details on pages 16, 18 and 30).
- 5) Press the shutter-release button.



CONTENTS

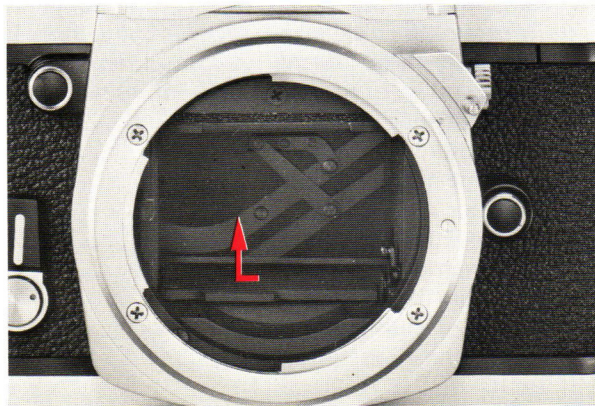
Foreword	6	Holding the camera	30
Installing the battery	6	Depth of field	31
Battery test	7	Depth-of-field preview button	31
Loading the camera	8	Depth-of-field scale	32
Loading film	8	Flash synchronization	34
Film-plane indicator	10	Changing the lens	36
Setting the ASA film speed	10	Maximum aperture indicator	36
Unloading film	11	Maximum aperture scale	37
Film advance	12	Mirror lock	38
Film-advance lever	12	Self-timer	38
Frame counter	12	Exposure measurement: special cases	39
Center-weighted exposure meter	13	Stop-down exposure measurement	39
Exposure control	14	Repro-copying, slide-copying and photomicrography	40
Shutter-speed dial	14	Infrared photography	41
Lens aperture diaphragm	15	Accessories	42
Reminder check list	15	Camera care	44
Focusing	16	Features/specifications	46
Scale focusing	16	The Nikon warranty	47
Auto exposure control and meter range	18		
Extreme-high or low light situations	20		
Operable shutter speed	21		
High-contrast light situations	24		
Manual override	28		
Exposure determination	28		
Choice of shutter speed/aperture combinations	29		

FOREWORD

The Nikkormat EL's feature of automatic exposure control adds a new dimension to 35mm SLR photography. To get the most out of your Nikkormat EL, read this instruction booklet thoroughly and make certain you understand all the controls before you load film in the camera. For a quick guide to picture-taking, follow the five simple steps which appear on page 4 of this booklet. In addition, follow the suggestions on Camera Care so your camera will last for many years of reliable service. The Nikon warranty which comes with your Nikkormat EL is your assurance of prompt, courteous service and complete satisfaction, anywhere in the world.

INSTALLING THE BATTERY

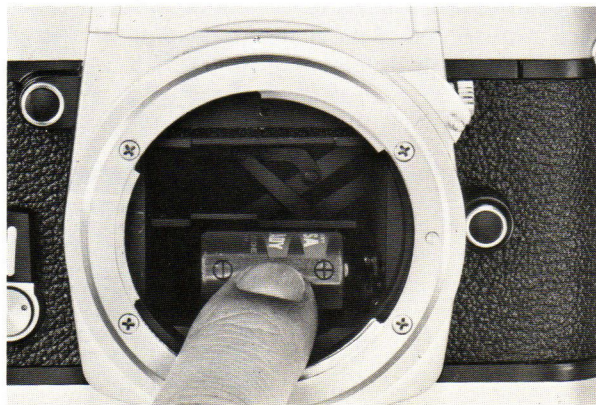
Either a 6-volt silver-oxide or alkaline-manganese battery is used to power both the exposure meter and the electromagnetic shutter-speed controlling circuits. A silver-oxide battery comes with the EL. The battery chamber is in the mirror box. To install the battery, first remove the lens from the camera (see page 36) and lock the mirror in the up position by turning the milled mirror-lock lever upward to gain access to the battery chamber in the mirror box (see page 38). Then with a finger, press the battery chamber lid to the left at the indent and lift it up.



When inserting the battery, be sure to align the positive and negative (+ and -) terminals correctly as shown underneath the battery chamber lid.

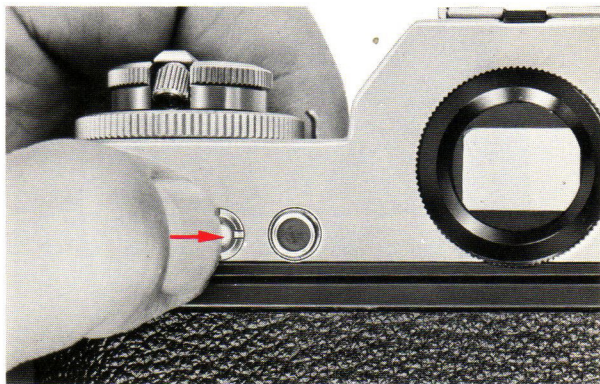
To close the lid, press down. Remember to return the mirror to its original focusing and viewing position.

Caution: If the battery is installed in the opposite alignment, its energy will be depleted within a matter of minutes.



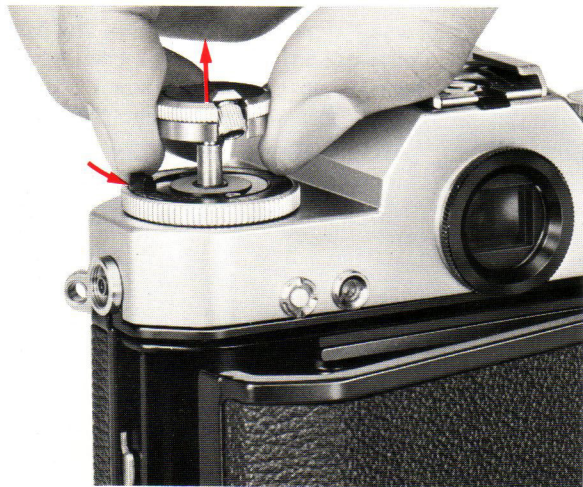
Battery test

A built-in battery checker lets you check the condition of the battery. Depress the white button and the signal lamp will glow with a bright orange light, indicating that the battery has been properly inserted and its power is adequate.



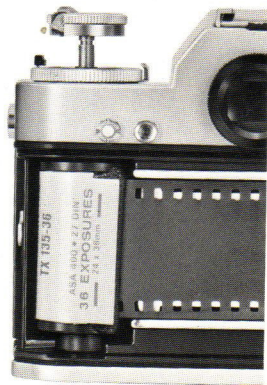
LOADING THE CAMERA

To open the camera back, slide the safety lock backward and lift up the film rewind knob as far as it goes, and the hinged camera back will pop open.



Loading film

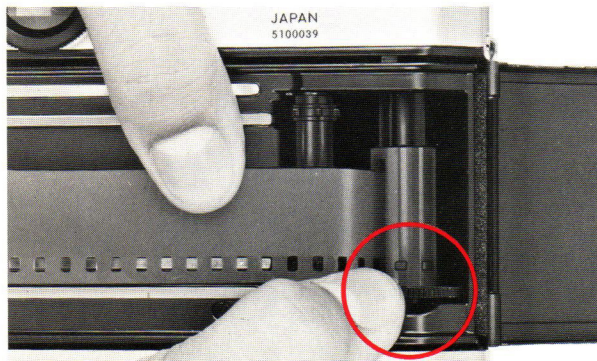
Drop a film cartridge (or loaded cassette) into the film chamber with the film leader pointing toward the take-up spool. Push the rewind knob down to hold the cartridge in place and insert the end of the film leader into any one of the three slots in the take-up spool. Stroke the film-advance lever (or turn the take-up spool clockwise) slowly to make sure that the film perforations mesh with the sprockets and that the edges of the film run parallel to the film guide rails. Close the camera by pressing the back until it snaps into place.



Fold out the rewind crank on the film rewind knob and turn it gently in the direction of the arrow until you feel a slight resistance. This takes up any slack in the film cartridge. Then fold back the rewind crank. Set the shutter-speed dial at 1/1000 sec. and make two blank exposures to dispose of the first few inches of film which were exposed during loading. When advanc-

ing the film, make sure that the rewind knob rotates in the direction opposite the arrow. This indicates that the film has been loaded correctly and is being advanced. The frame counter should now indicate "0" exposure. Advance the film one more frame and you are ready to take the first picture.

Caution: Do not load the camera in bright sunlight. If no other shade is available, shade the camera from the sun with your body while loading.



LOADING THE CAMERA—continued

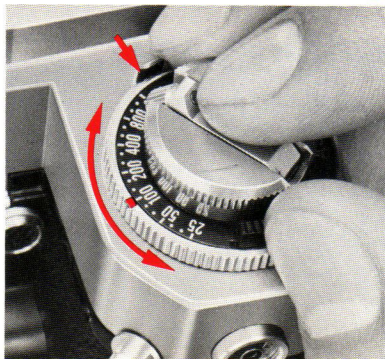
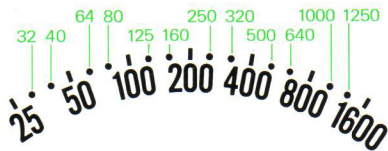
Film-plane indicator

The black \ominus mark on the top deck shows the exact position of the film plane. This is an aid when measuring the film-to-subject distance in close-ups and macrophotography.



Setting the ASA film speed

The ASA film-speed dial has a scale calibrated from ASA 25 to 1600 with two dots between numbers to indicate intermediate settings, such as 32 and 40. Press the film-speed dial lock inward and turn the milled ring around the film-speed scale until the red dot appears opposite the speed of the loaded film, and the exposure control system automatically adjusts itself to match the selected film speed.



Unloading film

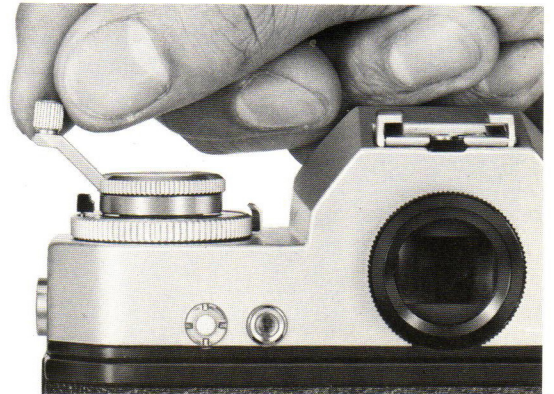
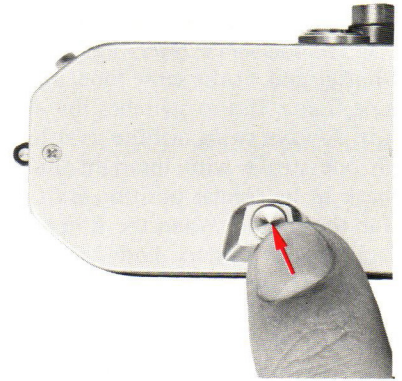
When the frame counter indicates that the last exposure has been made or when the film-advance lever can no longer be stroked*, the roll of film has been completely exposed and should be removed. Press the rewind button on the camera baseplate, and the film is ready for rewinding into the cartridge.

Unfold the rewind crank and turn it with a constant, gentle pressure in the direction of the arrow until you feel an increased tension. Give it a few more turns until the tension has gone and the crank turns freely. The film has now left the take-up spool and the camera may be opened.

Slide the safety lock backward and pull the rewind knob as far as it will go. The camera back will pop open and the film cartridge may be removed.

When the film-advance lever is stroked, the rewind button will pop out and the film-advance mechanism will be re-engaged.

***Caution:** Do not attempt to force the advance lever—this action will result in tearing the film out of the cartridge.



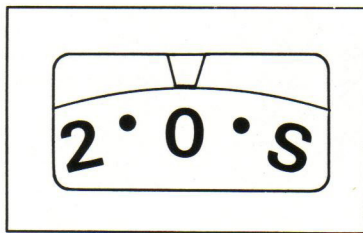
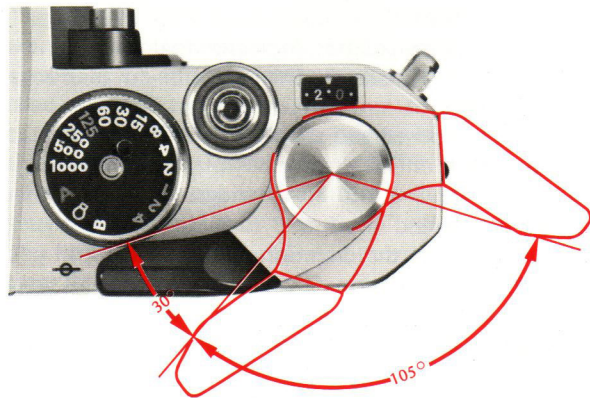
FILM ADVANCE

Film-advance lever

The film-advance lever advances the film, cocks the shutter and, at the same time, moves the frame counter one frame. It also switches the exposure meter on and off. Always swing out the lever to the limit of its travel in one stroke with the right thumb; then let it spring back to its regular position with a 30° clearance angle for the thumb. When the film-advance lever is flushed against the camera body, it serves not only as the meter-off switch but also as a lock to prevent accidental tripping when the shutter is cocked. In this position, the black needle of the shutter-speed scale in the viewfinder rests at $1/15$ sec.

Frame counter

The 36-frame counter automatically shows how many frames have been exposed. It is calibrated in even numbers, with the figures 0, 20 and 36 in red, and odd numbers by dots. The counter stops just past the 36-frame mark and resets itself automatically to "S" (start), two frames before 0, when the camera back is opened for reloading.

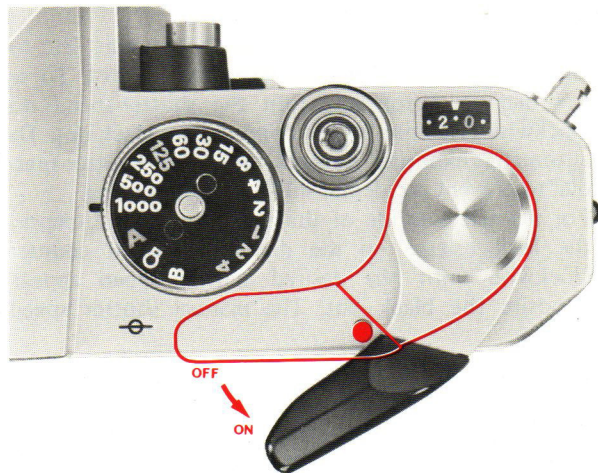


CENTER-WEIGHTED EXPOSURE METER

The exposure meter reads light over the entire focusing screen, but its light sensitivity is concentrated in the center, which corresponds to the central 12mm diameter spot of the screen. For best results, always place the main subject in this central area when metering. The meter takes advantage of the automatic diaphragm feature of the Nikkor Auto lenses to measure light at the maximum aperture of the lens. This insures the brightest possible image on the focusing screen for viewing and focusing and minimizes the influence of light entering through the finder eyepiece.

In order to measure the correct exposure at full aperture with lenses of different maximum apertures, the meter must be adjusted to the maximum aperture of the lens in use. This is done each time the lens is attached or changed by turning the aperture ring of the lens through its entire range (see p. 36).

To switch on the meter, pull out the film-advance lever just enough to uncover the red dot on the top deck of the camera. To prevent battery drain, keep the lever flushed against the camera back to switch off the meter whenever the camera is not used.



EXPOSURE CONTROL

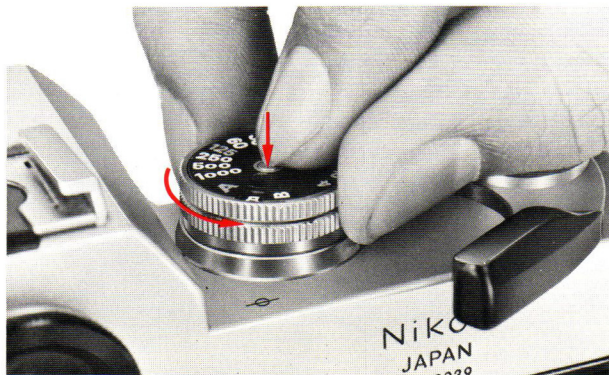
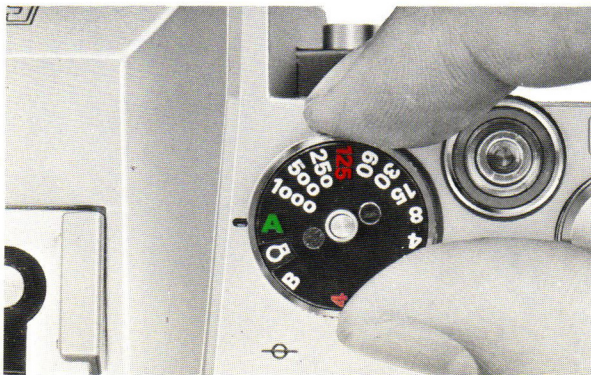
Shutter-speed dial

The shutter-speed dial sets the Nikkormat EL for either automatic or manual exposure control. To set the dial at Automatic, turn the shutter-speed dial clockwise until the "A" is opposite the black dot. The automatic exposure control locks the shutter-speed dial to prevent accidental shifting of the setting.

For manual override of the exposure control, depress the lock release on the dial and turn it counter-clockwise until the desired shutter speed appears opposite the black dot. The manual shutter speeds

range from 4 to 1/1000 sec., plus B. The orange numbers on the dial represent full seconds while those in white represent fractions of a second. The red 125 stands for 1/125 sec., the highest shutter speed which can be used to synchronize with a speedlight. Do not set the dial at an intermediate position between click-stop settings. At the B setting, the shutter remains open as long as the shutter-release button is held down. If you have forgotten to install the battery or in the event of battery failure, the shutter gives a mechanically fixed 1/90 sec. speed regardless of the setting.

Note: With the camera's shutter speed dial set to B, you can have time exposures of as long as 8 to 10 minutes. If you want to have the time extended, your camera will require adjustment at a Nikon authorized dealer.



Lens aperture diaphragm

Turn the aperture ring on the lens barrel until the desired f/number is opposite the black dot. The aperture diaphragm can be set at intermediate openings between click-stop settings for more precise exposures. On automatic exposure control, the aperture setting may be left anywhere from f/5.6 to f/11 for general daylight; for indoor photography, the lens may be set at f/2.8.



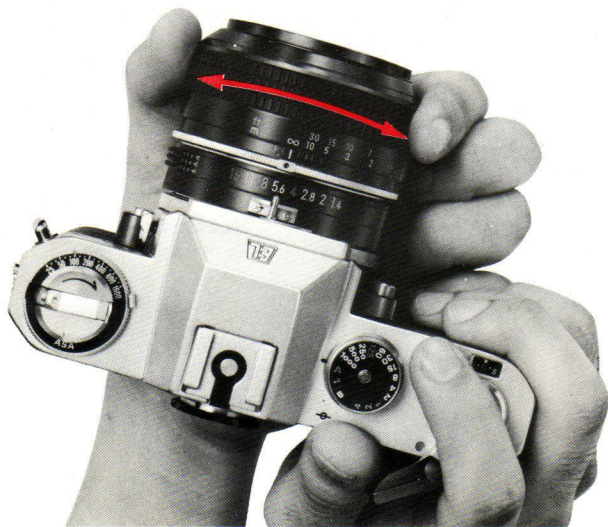
REMINDER CHECKLIST

Before you start shooting, double-check to make sure you have done the following:

- 1) Installed the battery in the battery chamber correctly.
- 2) Checked the battery checker to see that the lamp glows with a bright orange light.
- 3) Returned the mirror to the original viewing position.
- 4) Loaded the film and made two blank exposures while watching the rewind knob to see if the film is loaded correctly.
- 5) Set the ASA film-speed dial for the correct speed of the film loaded in the camera.
- 6) Mounted the lens correctly and adjusted the meter for the maximum aperture of the lens (check the maximum aperture indicator).

FOCUSING

Focusing is always done at full aperture with Nikkor Auto lenses. This gives the brightest possible image on the focusing screen for easy focusing and viewing. It also minimizes the depth of field so that the image snaps in or out of focus distinctly.



The Nikkormat EL's focusing screen consists of a matte Fresnel field with a central 3mm ϕ split-image rangefinder spot surrounded by a doughnut-shaped 1mm-wide microprism. It makes for fast, accurate focusing. Look through the viewfinder and turn the focusing ring until the two halves of the central rangefinder image coincide to form a single, sharp image—or until the image in the microprism appears sharp and crisp. The focusing screen is suitable for subjects with straight outlines or ill-defined contours. In close-up photography, the rangefinder spot is likely to darken. This is also true when you're using a lens with a maximum aperture smaller than $f/4.5$. You should then focus on the surrounding matte field.

Scale Focusing

The lens can also be prefocused using the distance scale engraved in both feet and meters on the lens barrel. Line up the white indicator line on top of the lens opposite the camera-to-subject distance as measured or estimated. This technique is useful for candid shots of elusive subjects when time does not permit through-the-lens focusing.

Out of focus



In focus



AUTO EXPOSURE CONTROL AND METER RANGE

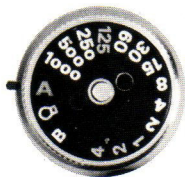
The Nikkormat EL features automatic exposure control in which the aperture setting has priority over the shutter speed. This means that once you have selected the desired aperture, the built-in TTL meter controls the shutter speed to match the available light when the camera is set at *automatic*. An electromagnetic timing control regulates the automatic shutter for precise exposure. Speeds are stepless, offering variations such as 1/121, or 1/258 sec., etc.

To take a picture using auto exposure control, first select the desired aperture and set the shutter-speed dial at "A" (the green needle visible inside the viewfinder rests at "A"). Swing out the film-advance lever all the way; then let it spring back to its meter-switch-on position. Then look at the shutter-speed scale inside the viewfinder. The black needle indicates the shutter speed at which an exposure will be made. Compose, focus and press the shutter-release button with a slow, squeezing action. If the shutter speed indicated is too slow or too fast for the subject, turn the aperture ring until the desired shutter speed is obtained.

The black numbers on the shutter-speed scale represent fractions of a second and those in orange, full seconds. The orange segments, with "A" and "B" marks at either extreme end of the scale, warn you of under- or overexposure.

As long as the black needle remains within the scale, provided that the EV* range is not exceeded, the camera provides the correct exposure automatically.

*Note. When lighting conditions are outside the range of this camera's metering capabilities, either add supplementary light to bring the illumination level within the EV range and use the camera's metering system, or make a manual exposure calculation.



AUTO EXPOSURE CONTROL AND METER RANGE—continued

Extreme-high or low light situations

If the black needle remains in “A” or “B” after all possible aperture settings have been tried, then the available light is too bright or too dim to cover the meter’s EV range. Switch to a new film that matches the available light or mount a neutral density (ND) filter onto the lens to cut down on the amount of light or use artificial light to increase luminosity, whichever is appropriate.

Operable shutter speed

The camera's meter may be used only within the shutter speed range covered by the exposure value (EV) range of the meter, which varies with the aperture and ASA setting.

The chart on page 23 shows the relationships between the f-stop, shutter speed and film speed, indicating the slowest functioning shutter speed (for metering purposes) with any film speed/f-stop combination.

Careful attention to the following instructions will assure precise exposure, automatically, over the complete exposure control and meter range capability of your Nikkormat EL.

■ Auto exposure control at full aperture

For example, with an f/1.4 lens and ASA 100 film, the EL's automatic shutter will function down to one second with the lens set at 1.4, and proportionately slower as the aperture is closed.

Using a standard of ASA 25 film, you may be assured of at least a four second speed regardless of the aperture of the lens used as long as the lens is set at full aperture (refer to Table).

Using ASA 400 at f/1.4, the slowest speed is 1/4 second; however, as the aperture is closed, the functioning shutter speed becomes progressively slower until we reach f/5.6 when the slowest speed of four seconds is functioning.

■ Auto exposure control with stop-down metering

When using a bellows or other extension equipment, which disengages the meter coupling device, it is necessary to revert to stop-down metering. Certain limitations are imposed in this mode.

As lens-to-film distance is increased, the metering range (EV range) changes proportionately. For example, when an f/2.0 lens is used at 2:1 reproduction (twice life-size) the effective f/number is f/5.6. When used at f/8, the effective f/number is f/22.

When pictures are taken under minimal light levels, it is desirable to use a high-speed film (ASA 160 or higher). Using Tri-X at film speed 400 with stop-down metering, with an effective f/number of f/8, the shutter speed range would be from 1/4 second to 1/1000. Should the light level drop below EV6, it would be out of the shutter speed range of the meter.

Table Slowest shutter speed at full aperture with any lens

ASA speed	Slowest shutter speed (sec.)
1600	1/15
800	1/8
400	1/4
200 (160)	1/2
100 (80)	1
50 (64)	2
25	4

AUTO EXPOSURE CONTROL AND METER RANGE—continued

■ How to read the EV range chart

The chart indicates the EV (for ASA 100) vs. shutter speed range.

To determine the shutter speed range, note that the bars in section A indicate the responsive range of the EL's photosensitive CdS element (i.e., f/8 covers EV6–22, f/16 covers EV8–22) for the f-stop in use.

In Section B, note the f-stop being used on the appropriate ASA scale. For example, at ASA 25 with the lens set at f/8, we follow the line diagonally and find that it intersects EV6 at four seconds, and at EV18 runs off the scale at 1/1000 second. ASA 100 at f/8 runs from EV4 at four seconds to EV 16 at 1/1000 second.

In any case, it is generally the low end which requires a careful check. The wide exposure (EV) range of the Nikkormat EL will encompass most lighting situations. It is only under dim-light or rare bright-light situations that any special attention need be paid.

Full-aperture metering

The metering range is determined by the bars (Section A), f/number range in appropriate ASA scale (Section B) and shutter speed (4–1/1000 sec., Section C). For example, the area encompassed by the heavy lines demonstrate a combination of an f/1.4 lens and ASA 100 film.

Stop-down metering

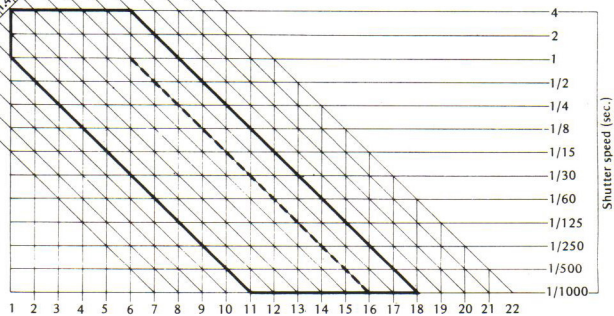
The metering range is determined by the bars (Section A), f/number in appropriate ASA scale (Section B) which corresponds to the stopped-down aperture in operation, and shutter speed (4–1/1000 sec., Section C). The broken line demonstrates stop-down measurement in the case of an f/8 lens combined with ASA 100 film, indicating a range from 1 sec. to 1/1000 sec.

EV Range Chart

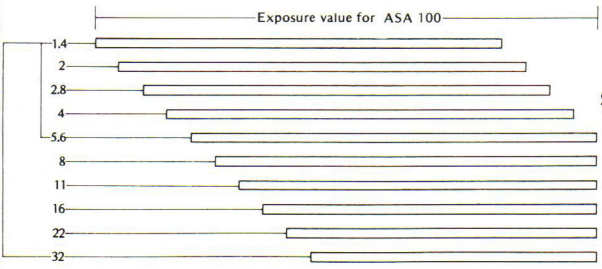
Section B

ASA	f/number set at diaphragm ring																					
1600	f/4	2.8	4	5.6	8	11	16	22	32													
800	f/5.6	4	5.6	8	11	16	22	32														
400	f/8	5.6	8	11	16	22	32															
200 (160)	f/11	8	11	16	22	32																
100 (80)	f/16	11	16	22	32																	
50 (64)	f/22	16	22	32																		
25	f/32	22	32																			

Section C



Working aperture during light measurement



Section A

AUTO EXPOSURE CONTROL AND METER RANGE—continued

High-contrast light situations

When there are severe brightness differences between the subject and the background, you will often obtain better results using the Nikkormat's center-weighted metering system and memory lock.

First place the subject in the central part of the viewfinder, or better still, if the subject is accessible, move in on it to make a close-up reading of that particular portion you wish to emphasize. Then press the self-timer/memory lock to the left; the light based on the main subject is now frozen. With the memory lock lever still pressed to the left, move back to get your desired composition and shoot. The shutter has been released at the speed on the memorized reading. The memory "hold" disconnects upon releasing the finger from the memory lock.

For landscapes including an expanse of sky, tilt the camera downward during measurement and lock the reading to prevent underexposure caused by the brightness of the sky. For backlit subjects, move up close and include dark areas of the subject and freeze the reading with the memory lock.

Even when the lever has locked the memory system, the black needle inside the viewfinder continues to deflect according to the brightness of the scene, providing a convenient reference for contrast ratios.



Compose.

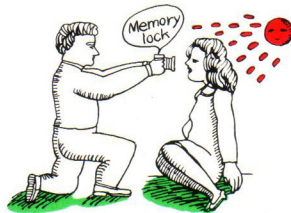




Focus on the subject; lock the reading.



With the memory-lock lever held pressed to the left, move back to get your desired composition and shoot.



Keeping out stray light

The viewfinder is designed to minimize the effect of light entering through the finder eyepiece under normal conditions. For the following situations, a finder eyecup is recommended:

- *When the camera is in the sunlight and the subject is in the shade.*
- *When the stop-down method is used at small apertures.*
- *When a shaft of sunlight falls between the eye and the eyepiece.*

When the shutter is tripped by the self-timer, the eyepiece should be shaded by the hand or other object to prevent stray light from entering through the finder eyepiece.

To prevent camera shake, when the meter needle inside indicates speeds slower than $1/30$ sec., mount the camera on a tripod or other firm support and use a cable release to trip the shutter. The shutter release button is threaded to accept the Nikon cable release.

Caution: When mounting the camera on a tripod, do not over-screw the tripod thread into the camera tripod socket as it may damage the camera baseplate.



MANUAL OVERRIDE

Nikkormat EL incorporates an override for manual exposure control so that you may select the aperture/shutter-speed combination you want to use, or for deliberate underexposure or overexposure. The manual control is also used when conducting flash photography. On the manual control, the camera gives a choice of 13 click-stopped settings ranging from 4 to 1/1000 sec., plus B. The green needle inside the viewfinder indicates the shutter speed you have selected.

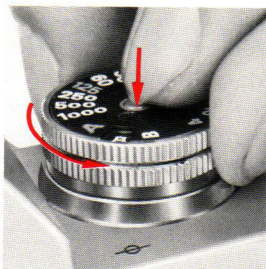
Exposure determination

Even with the camera set at manual control, the built-in exposure meter still remains cross-coupled with the shutter speed and the aperture diaphragm of the lens, and the black needle in the viewfinder continues to indicate the shutter speed according to the scene brightness.

To get the correct exposure at manual setting, first look through the viewfinder at the shutter-speed scale, and then adjust the aperture and/or shutter speed until the green and black needles match each other. For fine adjustment the lens aperture permits reliable intermediate settings.

If you want deliberate underexposure or overexposure, reset the green needle to a number higher or lower than the number indicated by the black needle in the shutter-speed scale.

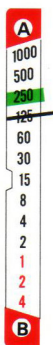




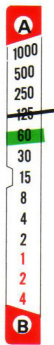
Choice of shutter speed/aperture combinations

The amount of exposure the film receives is determined by a combination of the lens aperture and the shutter speed. Since the two are interrelated, different combinations will give the same amount of exposure. The best combination depends on the results desired. Use fast shutter speeds to freeze motion or slow ones to create deliberate blur. Small apertures give greater depth of field; large ones let the subject stand out against an out-of-focus background.

Just as with automatic operation, care must be taken to be sure the ASA/f-stop/shutter speed combinations are within the EV range of the meter.



Deliberate one-step underexposure is obtained . . .



. . . and one-step overexposure.

HOLDING THE CAMERA

Steady camera holding is important since even the slightest camera shake at the moment of exposure can result in an appreciable loss of sharpness, especially at slow shutter speeds. The photos show the best way to hold the camera. Wrap the fingers of the right hand around the camera body so that the index finger rests comfortably on the shutter-release button and the thumb fits between the body and film-advance lever,

and press the camera against your forehead. This way you can stroke the film-advance lever without removing your eye from the viewfinder. Cradle the camera in the left hand for additional support, with the left thumb and index finger grasping the focusing ring. The camera may be switched from the horizontal to the vertical format in this position.



DEPTH OF FIELD

Depth of field refers to a zone extending in front of and behind the plane of sharpest focus. Within this zone, blur (or lack of definition) will be negligible and everything can be accepted as being in sharp focus. Depth of field extends a greater distance behind the subject in focus than in front. Depth of field depends on two factors—reproduction ratio and taking aperture. The smaller the aperture and the greater the reproduction ratio, the greater the depth of field. By carefully considering the desired perspective and reproduction ratio, as well as the available f-stops, full control of the depth of field is achievable.

Depth-of-field preview button

The depth-of-field preview button lets you check the depth of field before shooting to make any desired adjustments. Press the button and the lens stops down to the preselected aperture to allow you to see how much background or foreground is in or out of focus.



DEPTH OF FIELD—continued

Depth-of-field scale

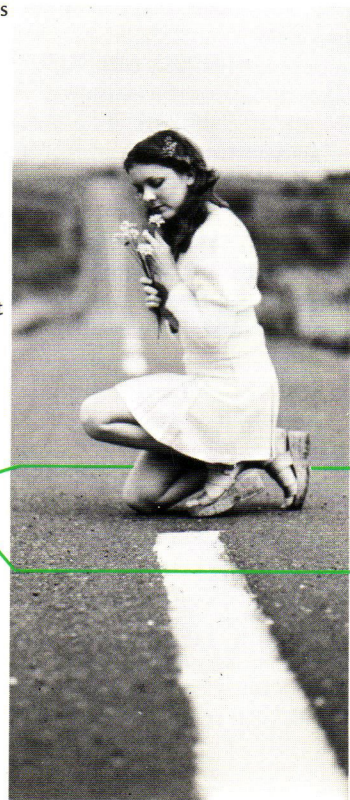
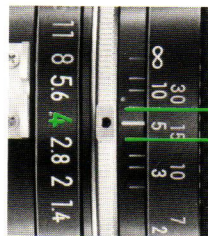
The depth of field can also be read from the color-coded scale engraved on the lens. The pairs of colored lines correspond to f /numbers of the same color. To find the depth of field at a particular aperture, first focus the lens on the subject. Then check the numbers on the distance scale opposite the colored lines which match the corresponding color of the taking aperture to find the depth of field at that aperture.

For example, $f/16$ on the aperture ring of the 50mm $f/1.4$ lens is blue. With the lens prefocused at 17 feet (5m), the numbers on the distance scale opposite the blue lines show that the depth of field extends from 9 feet to infinity (∞).

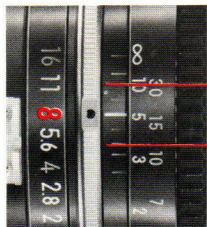
Always remember that smaller apertures, although rendering a greater depth of field, require slower shutter speeds. Consider both factors carefully before shooting, and always focus accurately.

By stopping down the lens only, the depth of field can be increased as illustrated by the following three photographs:

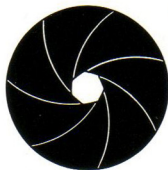
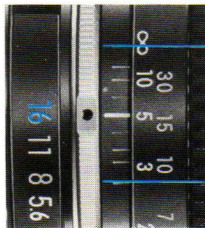
- 1 Lens at $f/4$. Small depth of field with only main subject in focus.



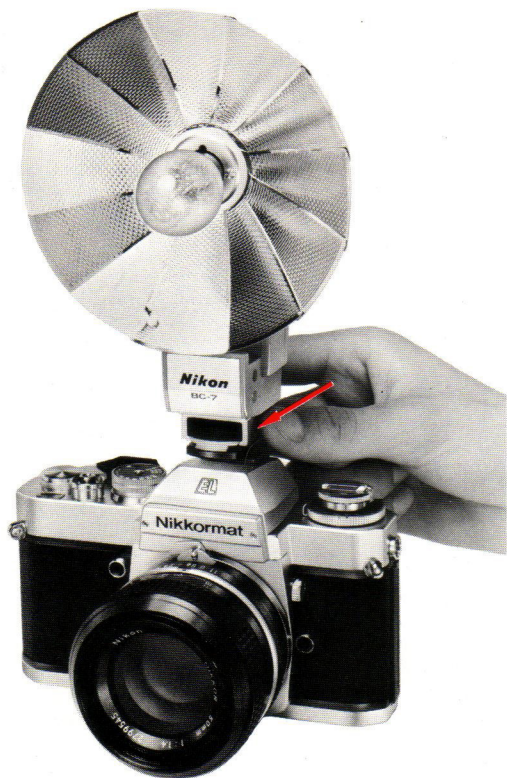
2. Lens further stopped to f/8. Larger depth of field.



3. Lens at smallest aperture. Great depth of field with subject, background and foreground in focus.



FLASH SYNCHRONIZATION



The Nikkormat EL is designed to synchronize with various types of flashbulbs at almost all shutter speeds and with speedlights at speeds up to 1/125 sec. To set the camera for flashbulb, lift up the milled sync selector ring around the shutter-speed dial and turn it until the bulb symbol appears in the selector window. For speedlight, follow the same procedure until the lightning-bolt symbol appears. The table below shows which shutter speeds are acceptable with different types of flashbulbs and speedlights.

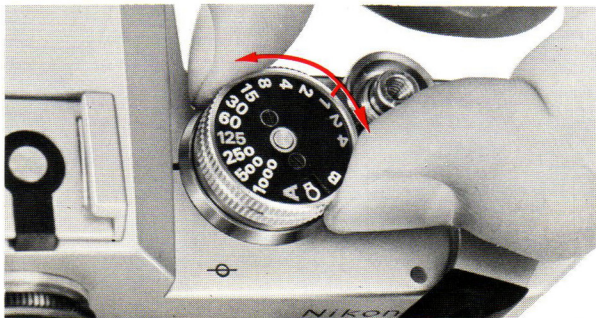
Remember that the camera's auto exposure control works only with constant light sources such as sunlight or photo floods and not with an instantaneous source such as a flashbulb or an electronic flash.

Flashbulb	Symbol	Shutter speed (sec.)														
		1/1000	1/500	1/250	1/125	1/60	1/30	1/15	1/8	1/4	1/2	1	2	4	B	
M	☉															
FP																
MF																
X (Speedlight)	⚡															

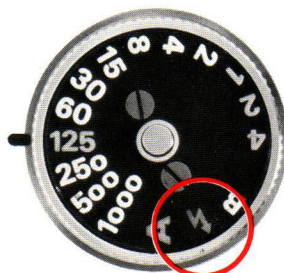
■ = Synchronized ■ = Cannot be used

Either a bulb- or electronic-type flash unit slides over the accessory shoe on top of the pentaprism housing. For units with a hot shoe, the accessory shoe has a hot-shoe contact which eliminates the need for a synch cord. For flash units without a hot shoe, use a synch cord and connect the synch terminal on the side of the camera with the synch socket on the flash unit. The synch terminal on the camera is threaded for positive connection. To prevent an accidental electric shock, the safety switch in the accessory shoe turns on only when the flash unit is in place.

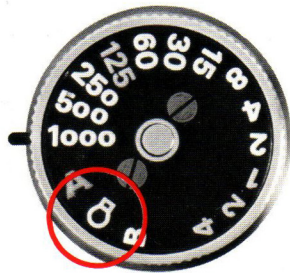
To mount the Nikon BC-7 flash unit, first slide the accessory flash unit coupler AS-2 onto the camera's accessory shoe, and then mount the unit onto it. The hot shoe contact built into the coupler eliminates the need for a synch cord.



Caution: Flash units without a hot shoe may fire accidentally when being slipped into place or when a flashbulb is inserted. Although not recommended, accidental firing may be prevented by covering the hot-shoe contact on the camera body with electrical tape.



Speedlight



Flashbulb

CHANGING THE LENS

To remove the lens from the camera, press the lens-release button and twist the lens to the right as far as it will go. The lens will come loose and can be lifted out. To mount a new lens, first push the camera's coupling pin to the right as far as it will go. Set the lens diaphragm at $f/5.6$ and insert the lens into the bayonet mount, making sure that the coupling pin fits into the slotted prong on the lens. Twist the lens counterclockwise until it locks into place with a sharp click.



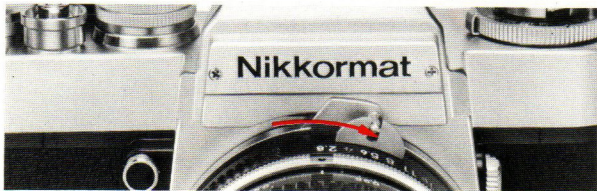
Maximum aperture indicator

In order to measure light at full aperture with lenses of different maximum apertures, the Nikkormat EL's meter must be adjusted for the maximum aperture of the lens in use. This must be done each time a lens is mounted. Turn the aperture ring all the way to the minimum aperture setting (largest f /number), then all the way in the opposite direction. This step automatically adjusts the meter to the maximum aperture of the lens.



Maximum aperture scale

The above adjustment can be confirmed by looking at the maximum aperture scale on the ring with the coupling pin. The scale has a range of $f/1.2$ to $f/5.6$. For example, if the 28mm $f/2.8$ lens is mounted on the camera, the red index mark should fall opposite the 2.8.

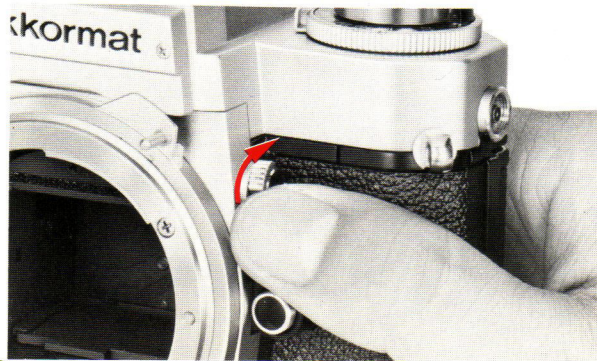


MIRROR LOCK

The reflex mirror must be locked in the up position when using the Fisheye-Nikkor 6mm f/5.6 or the OP Fisheye-Nikkor 10mm f/5.6 lenses since their rear elements protrude into the camera body and interfere with mirror movement. To lock the mirror, turn the milled mirror-lock lever upward. The mirror will remain locked in the up position until the lever is returned to its original position.

The mirror must also be locked up in the up position when installing the battery.

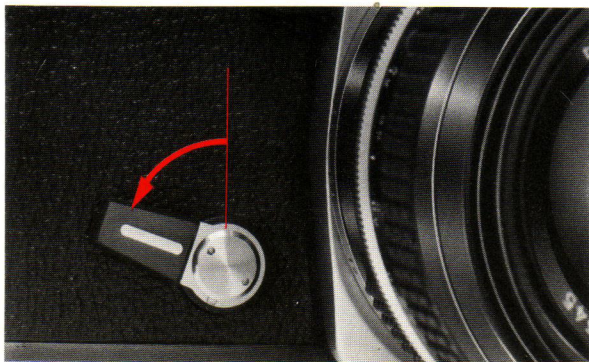
Caution: When releasing the shutter with the mirror in the locked up position, use the self-timer instead of the shutter release button. This will give adequate time for the lens diaphragm to respond. Failure to observe this precaution may result in incorrect exposure, although there is no danger of camera damage.



SELF-TIMER

The built-in self-timer, usable for both automatic and manual-override shutter-speed settings, allows delayed exposures of approximately 10 sec. It activates when the lever is turned downward (counterclockwise) as far as it will go. When the shutter-release button is pressed, the timer starts. Independent of the shutter mechanism, the timer can be set either before or after the shutter is wound. Do not use at "B" setting.

The self-timer also doubles as the memory lock (see page 24).



EXPOSURE MEASUREMENT : special cases

Stop-down exposure measurement

Full-aperture exposure measurement is not possible with the following lenses and accessories, because either the lenses have no auto diaphragms or the diaphragms will not couple with the meter. Therefore, the stop-down method of measuring exposure with the lens aperture diaphragm manually stopped down to the taking aperture must be used. First, push the coupling pin as far to the right as it will go. Mount a lens or lens/accessory setup to the camera and switch on the meter.

Auto lenses without coupling prong

With automatic exposure control: Use the depth-of-field preview button to stop down the lens and turn the aperture ring until the black needle is in the shutter-speed scale (Take note of the meter's EV range).

With manual override: Use the same procedure as above. Then turn the shutter-speed dial until the green needle matches the black one. At manual setting, pressure on the depth-of-field preview button is no longer necessary since the correct exposure is set mechanically.

Caution: Never advance the film with the depth-of-field preview button in the depressed position.



EXPOSURE MEASUREMENT—continued

Micro-Nikkor-P Auto 55mm f/3.5 with M2 ring

Use the same procedures as the auto lenses without coupling prong.

Preset lenses

Set the shutter-speed dial at “A” and turn the aperture ring until the black needle swings to an appropriate shutter speed.

Bellows focusing attachments, extension rings and focusing units

Use the same procedure as that for lenses with preset diaphragms.

Reflex-Nikkor lenses

The Reflex-Nikkor 500mm f/8, 1000mm f/11 and 2000mm f/11 lenses have no aperture diaphragm. Set the shutter-speed dial at “A” and the black needle gives the shutter speed.

Repro-copying, slide-copying and photomicrography

Some exposure correction may be necessary depending on the type of film and the subject, or the original slide. The numbers in the table below show the exposure corrections in shutter-speed steps. Readjust the shutter speed according to the indicated numbers or reset the film speed. Three marks on the film-speed dial are equivalent to one step.

Original Type of film	Repro-copying & slide-copying			Photo- micrography
	B&W or color photo	Letters or figures on light background	Letters or figures on dark background	
Panchromatic film for general use	No compensation necessary	+1 $\frac{1}{2}$ steps	-1 $\frac{1}{2}$ steps	+1 steps

Example 1. If the automatic shutter-speed setting is 1/125 sec. and the table indicates a one-step increase, reset the shutter-speed dial at 1/60 sec.

Example 2. If the automatic shutter-speed setting is 1/125 sec. and the table indicates a one-step increase, move the camera until the black needle of the shutter-speed scale swings to 1/60 sec. Depress the memory-lock lever to the left, and the exposure reading will be frozen while the camera is moved back for shooting.

Example 3. If a film of ASA 100 rating is loaded in the camera and the table indicates a one-step increase, reset the film-speed dial so that the red dot appears opposite 50.

INFRARED PHOTOGRAPHY

In infrared photography, the plane of sharpest focus is slightly more distant than the one produced by visible light and seen by the naked eye through the viewfinder. To compensate for the shift in focus, Nikkor lenses have a red dot or line on the lens barrel near the color-coded depth-of-field index scale.

After focusing the image sharply through the viewfinder, turn the focusing ring to the left until the red dot lines up with the prefocused distance.

For example, in the picture below the 50mm f/1.4 lens has been focused at infinity (∞). The focusing ring is turned slightly to the left so that the infinity mark appears in line with the red dot. When lenses having a focal length of 50mm or less are stopped down to f/8 or smaller, no adjustment is necessary. At such small apertures, these lenses have enough depth of field to compensate for the shift in focus.



ACCESSORIES

Lens hood

The use of a lens hood is recommended at all times to prevent extraneous light from striking the lens surface and causing flare or ghost, and also to protect the lens against damage. Nikon lens hoods come in four types depending on the lens: screw-in, snap-on, slip-in and built-in. They are calculated precisely for each focal-length Nikkor lens to provide maximum protection against stray light.

To attach or remove the snap-on lens hood, simply depress the button on either side of the hood. The hood will also fit directly over a screw-in filter so both can be used on a lens at the same time. When not in use, the snap-on hood can be reversed for storage on the lens, and the lens and its hood can be stored together in the eveready case.



Filters

Nikkor lenses and Nikon filters are made for each other. Therefore, for best results, use Nikon filters, which are made of optical glass, ground and polished so that both surfaces are optically flat and parallel. They are available in both screw-in and series mounts, depending on the lens.

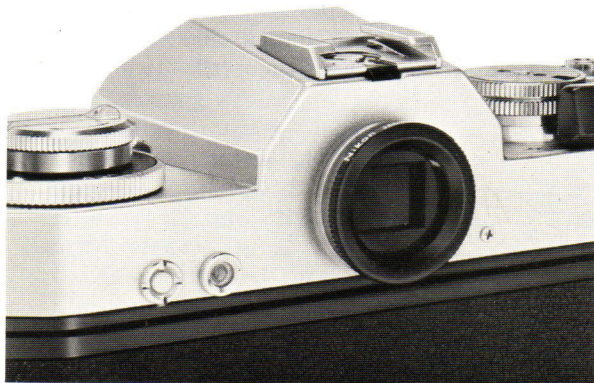
No exposure compensation for filters is necessary with the Nikkormat EL. The built-in exposure meter reads only the light passing through the lens and therefore compensates for the loss of light.

If you want to protect your lens with a UV filter, use the L37 instead of the L39.



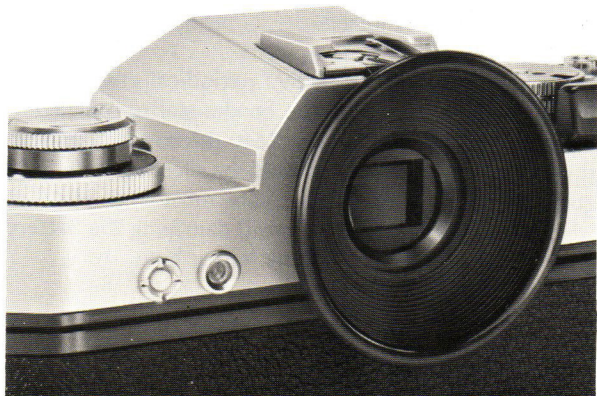
Eyepiece correction lenses

The nine eyepiece correction lenses are designed to permit nearsighted or farsighted users to view and focus without their glasses. Available in -5 , -4 , -3 , -2 , 0 , $+0.5$, $+1$, $+2$ and $+3$ diopters, each representing the combined dioptry of the lens and the finder. Simply screw into the finder eyepiece.



Finder eyecup

The soft rubber finder eyecup screws directly onto the finder eyepiece to prevent extraneous light from entering the viewfinder.



CAMERA CARE

Good camera care is common-sense care. Treat your Nikkormat EL as you would any valuable precision instrument. Although ruggedly constructed to stand the rigors of normal use, it may still be damaged by shock, heat, water or misuse. Here are some basic tips for keeping your camera in top condition:

Storage

Keep the camera in an eveready or compartment case when not in use to protect it from dust.

Avoid storing the camera in excessively hot, cold or damp places. Always attach a body cap when the camera body is stored separately. Do not leave film in the camera for a long period of time. Never leave the shutter or self-timer cocked if the camera is to be stored overnight or longer.

Camera body

Clean the inside of the camera periodically with a soft brush. Do not exert pressure on the shutter curtain as this may damage the curtain. Keep the mirror free from fingerprints and dust; it should be cleaned only by a qualified serviceman. Special care must also be taken when changing batteries to avoid damaging the battery chamber and other parts of the mirror box.

Extreme temperature changes

The Nikkormat EL functions faultlessly in a temperature range of 55° to -15°C. Even within this range however, avoid suddenly exposing the camera to temperature extremes—i.e., taking it from the cold outdoors to the warm indoors or vice versa. The sudden, extreme temperature change is apt to form deposits of atmospheric moisture such as sweat beads or frost on the surfaces of the camera body (much like pipes sweating on a hot summer day or winter frost accumulating on the inside of a window during the dead of winter) which will develop into rust and damage the camera's tiny components and electrical contacts. A good precautionary measure is to pack the camera in a moisture-proof bag or a polyethylene bag, along with a silica gel dessicator—and unpack only when the temperature inside the bag has risen or fallen to the ambient level.

Battery

The Nikkormat EL accepts either a 6-volt silver-oxide or alkaline-manganese battery as a power source. The silver battery has the two major advantages of long life and constant voltage, while the alkaline battery wins on low cost and good performance at extremely low temperatures. When either type of battery is exhausted, the voltage drops off, and the Nikkormat's automation suddenly ceases to function.

At below-freezing temperatures, the battery performance deteriorates until the temperature rises again, though the degree of deterioration varies with the type of battery. To ensure the most reliable service at low temperatures, use of a fresh battery is recommended.

Lens

Keep the lens surface free from fingerprints and dust as much as possible. Use only lens tissue to remove dust; never cloth or ordinary tissue. If smudges or fingerprints persist, moisten the lens tissue sparingly with alcohol.

Remember: Even an approved lens cleaner can cause damage if it seeps into the lens mount.

Keep the camera away from water

Avoid excessive moisture. When using the camera near water, guard against splashes, especially salt-water spray.

Never oil any part of the camera

Lubrication should be left to an authorized serviceman.

Prior to taking a holiday trip or being assigned an important photo job, test your camera by making a few trial exposures. Check the finder meter. Remember, it takes at least two or three weeks for processing the test film and making any needed repairs or adjustments.

FEATURES / SPECIFICATIONS

Type: 35mm single-lens reflex camera.

Lens mount: Nikon F bayonet mount

Viewfinder: Eye-level pentaprism; focusing screen consists of a matte Fresnel field with a central 3mm ϕ split-image rangefinder spot surrounded by a doughnut-shaped 1mm-wide microprism for fast, accurate focusing; frame coverage approx. 92%; shutter-speed display and exposure data visible inside viewfinder.

Shutter: Electromagnetic-controlled focal-plane shutter with downward-vertical movement; stepless speed variations from 4 ~ 1/1000 sec. on auto control; speed variations same on manual control plus B, except that they are stepped; when power source exhausted, speed mechanically fixed at 1/90 sec.

Exposure meter: TTL CdS meter with center-weighted metering at full aperture with Nikkor auto lenses; maximum aperture range f/1.2 ~ f/5.6; ASA range 25 ~ 1600; Metering range: EV1 ~ EV18 (e.g., f/1.4, 1 sec. ~ f/16, 1/1000 sec. at ASA 100 with 50mm f/1.4 lens)

Mirror: Automatic instant-return type with lock-up feature.

Frame counter: Additive, automatic resetting.

Film-advance lever: A single stroke winds film, cocks shutter and operates frame counter. Also switches meter on or off and locks shutter release. Winding angle is 105 $^{\circ}$, with 30 $^{\circ}$ clearance angle.

Flash synchronization: At any speed, plus B, with flashbulbs and speeds up to 1/125 sec. with electronic units; synch selector adjusts for either bulb or electronic flash.

Synch terminal: Inner thread accepts Nikon synch cords for positive connection.

Accessory shoe: Contains hot-shoe contact.

Self-timer: Can be set for 8- to 10-sec. delay. Also serves as memory lock.

Battery: Single 6V silver-oxide battery powers both CdS meter and electromagnetic controlled shutter.

Battery checker: Glows to indicate battery is good.

Dimensions: 145.0 x 54.5 x 93.5mm

Weight: 780g (body only).

THE NIKON WARRANTY

The Nikon Worldwide Service Warranty Registration Card, which identifies your Nikkormat EL by its serial number, is your guarantee that the camera you buy is a new one. When you return this card to a Nikon distributor you will receive your Nikon Worldwide Service Warranty Certificate, which entitles you to a

one-year warranty anywhere throughout the world, subject to the conditions listed in the certificate. Only an authorized Nikon dealer can provide you with a Nikon Warranty' Registration Card. We cannot guarantee any camera or lens sold to you by an unauthorized dealer without a Warranty Registration Card, since it may be second-hand equipment.



NIPPON KOGAKU K.K.